

# CHILDHOOD DEVELOPMENT

Dr Suzanne Anderson

Dr Frances Crofts

January 25<sup>th</sup> 2008

# 6 to 8 weeks

Gross Motor	Fine Motor/ Vision	Speech and Language	Social
Lifts head momentarily whilst prone	Follows face to 90°	Stills to mothers voice	Smiles
Pelvis flat			

# 3 to 4 months

Gross Motor	Fine Motor/ Vision	Speech and Language	Social
Lifts head to 90°	Loss of grasp reflex-opens and close hands	Turns head to sound	Excited by approach of food
	Holds object in hand-no regard	Coos and gurgles when happy  Smiles spontaneously	Plays with hands

# 6 months

Gross Motor	Fine Motor/ Vision	Speech and Language	Social
Rolls Over	Reaches for objects with palmar grasp	Turns to voice	Friendly to all comers
No head lag	Transfers object from hand to hand	Chews	Plays with feet
Sits with hands forward for support	Feeds self with biscuit	Double syllable babble	
		Screams if annoyed	

# 9 months

Gross Motor	Fine motor/ vision	Speech/ hearing	Social
Sits unsupported	Index finger approach	Conversational babble)	Plays peek-a-boo
Crawling	Looks for fallen toys	Understands 'no', 'bye-bye'	Shy with strangers
Pulls up to furniture	Finger thumb apposition	Imitates	Holds out toy to adult
	Claps hands	Shouts	

# 1 Year

Gross Motor	Fine Motor/ Vision	Speech and Language	Social
Walks alone with hand held	Casting (ceases by 15 months)	Understands several words	Waves goodbye
	Points at object with index finger	Responds to name	Co-operates with dressing
	Pincer grasp	First word	Drinks from cup
	Knocks bricks together		Recognises familiar  people
	Object permanence		

# 18 months

Gross Motor	Fine motor/ Vision	Speech and Language	Social
Walks well	Scribbles	12 words	Manages cup well
Climbs stairs with help	Tower of 3-4 cubes	Points to parts of body	Feeds self with spoon
	Crayon palmar grasp	Obeys simple requests	Removes shoes
	May have hand preference	Sings	Stopped mouthing
			Imitative play

# 2 Years

Gross Motor	Fine motor/ Vision	Speech and Language	Social
Runs	Tower of 6-8 bricks	Combines 2 words together	Imaginative play
Kicks a ball	Circular scribble	Asks for drink ,food	May be dry by day
	Turns pages of book	Echolalia	Dresses self not buttons



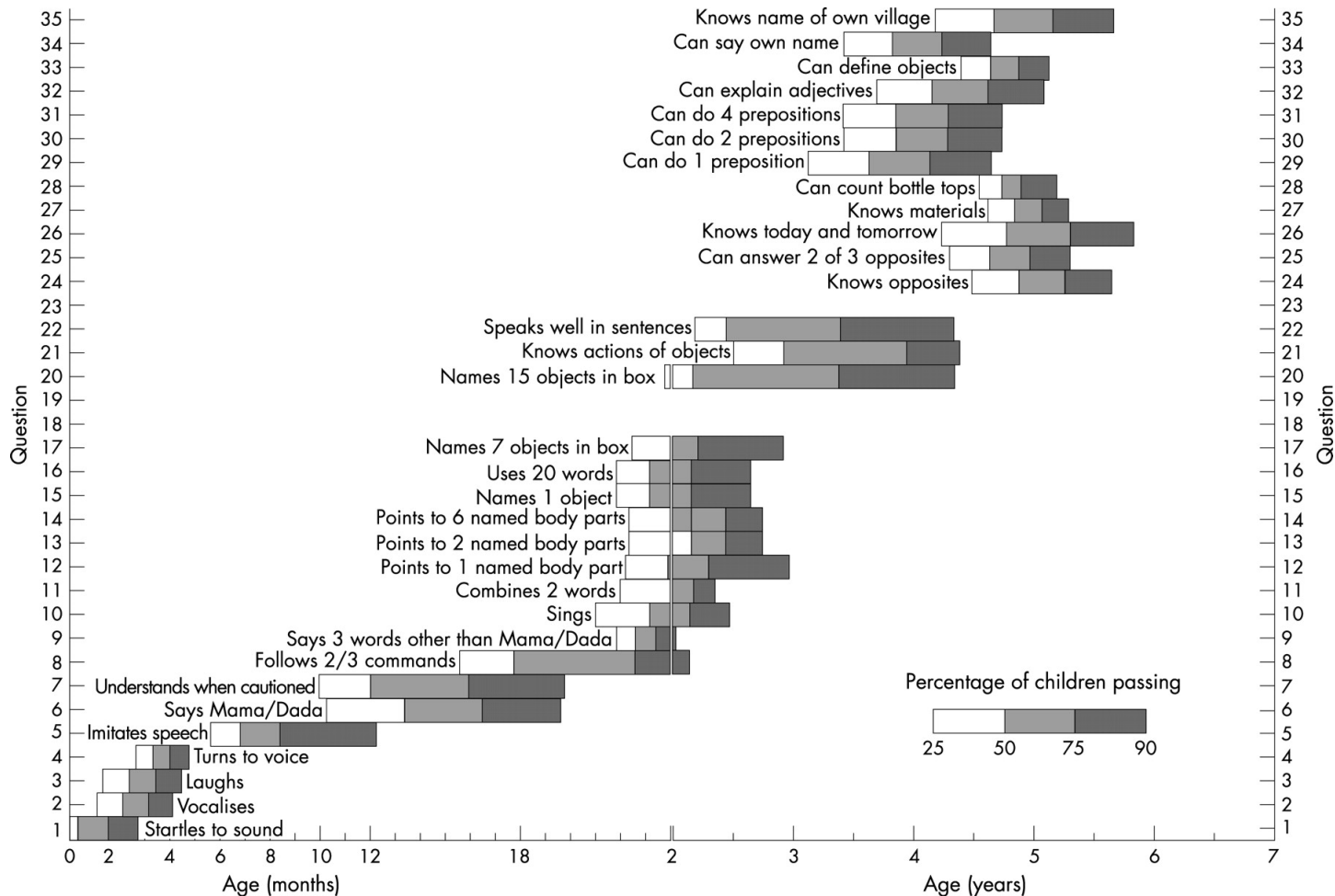
# 3 years

Gross Motor	FineMotor/ Vision	Speech and Language	Social
Stands on one leg	Copies O	Simple conversation	Plays with other children
Pushes wheel with stick	Sorts objects into groups	Listens to stories	Shares toys
Dances to music	Makes doll of clay	Uses language to indicate needs	Separates from mother
		Questions	Knows when needs to use toilet

# 4-5 years

Gross Motor	Fine motor/ Vision	Speech and Language	Social
Hops	Copies □, then Δ	Knows name and name of own village	Can help with sweeping and washing dishes(gender specfic)
Stairs one foot at a time		Counts bottle tops	
Carries object on head		Explains prepositions, adjectives	

**Figure 3 Example of developmental milestones achieved by Lungwena children in the area of language development. Age ranges are given for percentage of children passing an item.**



Gladstone, M J et al. Arch Dis Child 2008;93:23-29

